



helping us
to help you



If you care, we care then I.C.A.R.E
be taught by the professionals

icare

immediate care at the roadside in an emergency

 **education**
and professional development

We are proud to announce our new course - I.C.A.R.E. 'Immediate Care At the Roadside in an Emergency'. It is a first aid course for motorcyclists and other vehicle users. It will supply the participants with the knowledge and skills required to manage the scene of an accident. It deals with the different types of life threatening trauma encountered at the scene.

Course Content

- Scene safety
- Mechanism of injury
- Emergency techniques including removal of motorcycle helmet
- Basic life support

Course duration

This is a one day course, 0930-1630hrs.

Assessment

Continuous assessment by our SWAST Trainer.

Certification

Successful participants will receive a SWAST certificate. The certificate will be valid for three years and it is recommended that participants attend an annual half day course to update on their skills.

To book your place call

01305 257643

or email commercialtraining@swast.nhs.uk

www.swast.nhs.uk/services/commtraining.htm

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Building safer communities together

